



**THE BEST SANDWICH IN LAKE FOREST PARK!**

*(it's the bread, of course)*

17171 Bothell Way NE, Lake Forest Park Towne Centre

Phone: 206.365.4778 FAX: 206.361.2298

Name: \_\_\_\_\_

**HERE**

**TO GO**

**CHOOSE YOUR BREAD!**

Check here to add salt & pepper

- Honey Wheat  
  Old Fashioned White  
  Today's Multigrain  
 \*Tu/Th/S/S only  
 Focaccia  
  Specialty (whole sandwich only): \_\_\_\_\_  
  Gluten Free (1.00 extra)

**CLASSIC & SIGNATURE SANDWICHES**

- |   | <b>WHOLE</b>  | <b>HALF</b>   |
|---|---------------|---------------|
| <input type="checkbox"/> <b>CALIFORNIA COBB</b>   | <b>\$8.25</b> | <b>\$6.45</b> |
| <i>turkey, crispy bacon, avocado, lettuce, tomato, red onion, and blue cheese spread</i>        |               |               |
| <input type="checkbox"/> <b>HUMMUS HARVEST</b>  | <b>\$8.25</b> | <b>\$6.45</b> |
| <i>hummus, red peppers, provolone, lettuce, tomato, cucumber, sprouts, balsamic vinaigrette</i> |               |               |
| <input type="checkbox"/> <b>LOUISVILLE CHICKEN</b>  | <b>\$8.25</b> | <b>\$6.45</b> |
| <i>chicken and spiced pecans in a seasoned mayo, lettuce, tomato, pickles, red onion</i>        |               |               |
| <input type="checkbox"/> <b>LAKE FOREST HAM</b>   | <b>\$7.50</b> | <b>\$5.95</b> |
| <i>ham, swiss, lettuce, tomato, red onion, mayo, dijon</i>                                      |               |               |
| <input type="checkbox"/> <b>NAME THAT TUNA</b>  | <b>\$7.50</b> | <b>\$5.95</b> |
| <i>albacore tuna in a seasoned mayo, cheddar, lettuce, tomato, pickles, red onion</i>           |               |               |
| <input type="checkbox"/> <b>KID'S PB&amp;J &amp; COOKIE</b>                                     | <b>\$6.25</b> | <b>-----</b>  |
| <i>natural peanut butter and jelly or honey</i>   |               |               |
| <input type="checkbox"/> <b>KID'S MAC &amp; CHEESE</b>  | <b>\$6.25</b> | <b>-----</b>  |

**PANINI SANDWICHES**

- (Grill's hot from 10-4)* **WHOLE ONLY**
- NOT YOUR MOM'S** **\$7.75**  
*tomato, garlic mayo and your choice of two cheeses: (add bacon or ham - \$1.00)*  
*Provolone Swiss Cheddar*  
*Pepper Jack Fresh Mozzarella*
- NORTHWEST CLUB** **\$7.75**  
*provolone, turkey, ham, bacon, tomato, basil, honey dijon*
- MOZZARELLA Y POMODORO** **\$7.75**  
*fresh mozzarella, tomato, basil, pesto mayo*
- TURKEY JACK** **\$7.75**  
*pepper jack, turkey, red peppers, and garlic mayo*
- BLT** **\$7.75**  
*bacon, lettuce, tomato, garlic mayo*
- TUNA MELT** **\$7.75**  
*cheddar, tuna, tomato, seasoned mayo*

**SALADS**

- |  |               |               |
|--|---------------|---------------|
| <input type="checkbox"/> <b>CALIFORNIA COBB</b>    | <b>\$8.25</b> | <b>\$6.45</b> |
| <input type="checkbox"/> <b>LOUISVILLE CHICKEN</b> | <b>\$8.25</b> | <b>\$6.45</b> |
| <input type="checkbox"/> <b>GARDEN</b>             | <b>\$7.25</b> |               |

**SOUPS**

- SOUP & ROLL** **\$4.75**  
*soup choice: \_\_\_\_\_*
- SOUP & WHOLE** **\$11.00**
- SOUP & HALF** **\$9.75**

Don't forget to order a big cookie!!

We stone grind fresh  
 ORGANIC whole grains daily!!